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Outcomes of Corneal Refractive Surgery Performed By a Resident Physician at Wills Eye Hospital

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Purpose

To evaluate and compare the outcomes of photorefractive keratectomy (PRK) and laserassisted in situ keratomileusis (LASIK) performed with resident physicians as the primary surgeons.

Methods

Retrospective review of all corneal refractive surgery cases performed by a resident physician from 1/2018 - 5/2019 at Wills Eye Hospital. Inclusion criteria were minimum 3 month post-operative follow-up, pre-operative spherical equivalent of +3.00 to -11.00 diopters (D), astigmatic error of ≤ 3.00 D, and intention to provide plano post-operative refraction. Outcomes were uncorrected distance visual acuity (UVDA) and complications.

Results

A total of 91 eyes underwent surgery of which 81 eyes met inclusion criteria; 54 eyes underwent PRK and 27 eyes underwent LASIK. Surgeries were performed by 12 different residents over a 14 month time period. At three months post-operatively, mean logMAR UDVA for all patients was -0.016 (Snellen 20/19.3). Mean visual acuity was better after LASIK than PRK (-0.042 vs - 0.003, Snellen 20/18.2 vs 20/19.9, p=0.01). A greater percentage of eyes achieved UDVA of 20/20 or better after LASIK compared to PRK (100.0% vs 87.0%; P=0.05). All eyes achieved UDVA of 20/30 or better. One eye had mild haze post-PRK, one patient had bilateral DLK, and 7 patients developed symptomatic dry eye.

Conclusion

Outcomes after corneal refractive surgery performed by residents under the supervision of an attending surgeon are quite good. This review found that patients undergoing LASIK had better UDVA at 3 months post-operatively than those undergoing PRK. There was a low rate of complications, none of which were visually significant.